

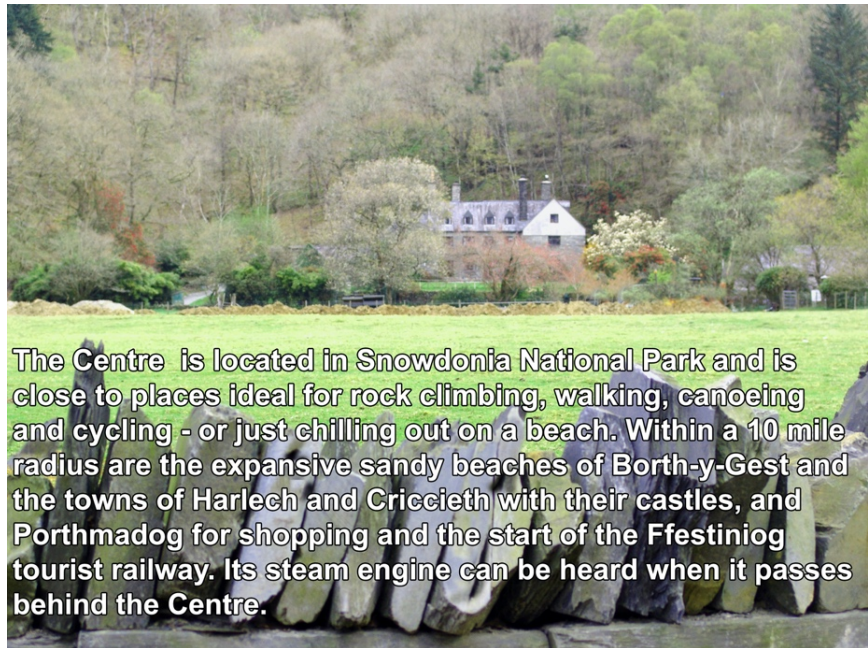
# Family Activity Weekend

## Friday to Sunday 1 to 3 May 2020

**2 days of walking, biking, canoeing, rock climbing and more ... or just lazing on the beach at Black Rock Sands, or browsing the local shops all under expert care in the Vale of Ffestiniog, North Wales.**

***If you never went with your school now is the time to see what you missed***

Nestled in the Snowdonia National Park between the mountains and the sea Plas Dol-y-Moch is a large 17th century country house set in gardens and woodland in the Vale of Ffestiniog. It has been Coventry's outdoor education centre since 1966 and is an ideal base for new experiences, not just for children but their grown-ups too! All outdoor activities are close at hand and easily reached thanks to the Centre's fleet of minibuses. Both adults and children will be under the care of qualified and highly experienced staff who are teachers of outdoor education. Sounds good? It is!



The Centre is located in Snowdonia National Park and is close to places ideal for rock climbing, walking, canoeing and cycling - or just chilling out on a beach. Within a 10 mile radius are the expansive sandy beaches of Borth-y-Gest and the towns of Harlech and Criccieth with their castles, and Porthmadog for shopping and the start of the Ffestiniog tourist railway. Its steam engine can be heard when it passes behind the Centre.

Free coach travel on Friday afternoon will take you from Coventry in time for a light meal provided on arrival at the Centre. You can also travel independently if you like. After the meal you will hear about the wide range of supervised activities on offer over the weekend so you can think overnight what you would like to do on which days. Families can be split into different activities so long as you have a responsible adult with any under-18s. Accommodation is dormitory-style, breakfast and evening meals will be served at the Centre and packed lunches will be provided to keep you going when you are out and about on Saturday and Sunday.

### USEFUL INFORMATION

Departure from White Street Coach Park Coventry 5pm on Friday



Departure from Dol-y-Moch 5 pm on Sunday. There will be a toilet stop on both journeys



All specialist clothing and gear for activities will be provided by the Centre, including wellies and activity equipment such as cycles. Also, equipment needed by younger children such as bicycle seats and high chairs. What you need to bring are: -

- a waterproof jacket (useful on arrival for walking from the Coach to the house)
- a couple of pairs of trainers/strong footwear
- warm clothing – fleeces, track suit top and bottom, plenty of socks
- hat, gloves
- personal washing gear including towels

# APPLICATION FORM

PLEASE PROVIDE DETAILS OF ALL MEMBERS OF  
YOUR PARTY BEGINNING WITH THE LEAD CONTACT

Full Name		
Address	Post code	
Date of birth	Email address	
Phone numbers Mob 	Home 	
Tick <input checked="" type="checkbox"/> the box for any previous experience	canoeing <input type="checkbox"/> rock climbing <input type="checkbox"/>	walking <input type="checkbox"/> confident swimmer <input type="checkbox"/>
Which member of this group would you share a room with?		
Emergency contact	Name Mob. _____ Home _____	
Family Doctor	Name _____ Phone _____	
Special dietary needs		
Relevant medical conditions	If you are unsure about what's relevant call the Centre for advice 01766 510200. All disclosures will be treated in the strictest confidence	

Full Name		
Address	Post code	
Date of birth	Email address	
Phone numbers Mob 	Home 	
Tick <input checked="" type="checkbox"/> the box for any previous experience	canoeing <input type="checkbox"/> rock climbing <input type="checkbox"/>	walking <input type="checkbox"/> confident swimmer <input type="checkbox"/>
Which member of this group would you share a room with?		
Emergency contact	Name Mob. _____ Home _____	
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Special dietary needs		
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<b>Full Name</b>			
<b>Address</b>		<b>Post code</b>	
<b>Date of birth</b>		<b>Email address</b>	
<b>Phone numbers</b>		<b>Mob</b> 📱	<b>Home</b> 🏠
<b>Tick ✓ the box</b> for any previous experience	<b>canoeing</b>	<input type="checkbox"/>	<b>walking</b>
	<b>rock climbing</b>	<input type="checkbox"/>	<b>confident swimmer</b>
<b>Which member of this group would you share a room with?</b>			
<b>Emergency contact</b>	<b>Name</b>		<b>Home</b>
	<b>Mob.</b>		<b>Phone</b>
<b>Family Doctor</b>	<b>Name</b>		<b>Phone</b>
<b>Special dietary needs</b>			
<b>Relevant medical conditions</b>			
If you are unsure about what's relevant call the Centre for advice 01766 510200. All disclosures will be treated in the strictest confidence			

<b>Full Name</b>			
<b>Address</b>		<b>Post code</b>	
<b>Date of birth</b>		<b>Email address</b>	
<b>Phone numbers</b>		<b>Mob</b> 📱	<b>Home</b> 🏠
<b>Tick ✓ the box</b> for any previous experience	<b>canoeing</b>	<input type="checkbox"/>	<b>walking</b>
	<b>rock climbing</b>	<input type="checkbox"/>	<b>confident swimmer</b>
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	<b>Mob.</b>		<b>Phone</b>
<b>Family Doctor</b>	<b>Name</b>		<b>Phone</b>
<b>Special dietary needs</b>			
<b>Relevant medical conditions</b>			
If you are unsure about what's relevant call the Centre for advice 01766 510200. All disclosures will be treated in the strictest confidence			

## TRANSPORT

The return coach journey from Coventry to the Centre is included free of charge. If you wish to make your own way there and do not intend to use the coach please tick ✓ the box.

PRICES		
<b>FAMILY</b>	<b>2 adults + 2 children 16 or under</b>	<b>£240</b>
<b>ADULT</b>		<b>£85</b>
<b>CHILD OVER 16</b>		<b>£85</b>
<b>CHILD 16 &amp; under</b>	<b>must be with a paying adult</b>	<b>£60</b>
<b>There is a non-refundable deposit of £10 per person to be paid at the time of booking and the balance must be paid on or before 17 April 2020</b>		

### TERMS AND CONDITIONS

Participation in adventurous activities entails some risk of injury. Plas Dol-y-Moch staff are trained and appropriately qualified to run activity sessions and will at all times proceed in a manner to limit the risk of injury. However participants accept that accidents and injury may occur.

**CANCELLATION by Plas Dol-y-Moch:** whilst every attempt will be made to ensure that the Activity Weekend takes place Plas Dol-y-Moch will notify you of any cancellations as soon as is practicable where it believes on reasonable grounds that cancellation is necessary due to dangerous and / or unsuitable conditions or where numbers of applicants have failed to reach a workable minimum. In the event of cancellation by Plas Dol-y-Moch all monies will be refunded.

**CANCELLATION by you** must be in writing or by email (see below for both addresses) and acknowledged by Plas Dol-y-Moch. Where cancellation occurs 15 or more days before the commencement of the event the deposit only is forfeited. Where cancellation occurs within 14 days of the commencement of the event all monies paid are forfeited.

I understand that bookings are accepted on the understanding that Plas Dol-y-Moch's safety regulations will be observed by me and my party and that I will inform Plas Dol-y-Moch's staff of any ailment, injury and / or disability that may impair me. I accept that Plas Dol-y-Moch is not under any liability in respect to loss or damage to personal property not caused by the negligence or default of Plas Dol-y-Moch, its suppliers, its agents and employees whilst attending the event.

Plas Dol-y-Moch strongly recommends that for your protection and peace of mind you take out appropriate cancellation and accident insurance.

I have read and accept the above terms and conditions and enclose a **deposit of £10 per person, total £\_\_\_\_\_ and will send the balance no later than Friday 17 April 2020.**

Signed - - - - - Date - - - - -

**please put the payment deadline in your diary and make a note of the address below for when you make the final payment**

Send this completed form with your payment to:

**Jacquie Molloy**  
**89 The Mount**  
**Cheylesmore**  
**Coventry CV3 5GJ**

☎ 07905 8058 0257

email [jacquiemolloy@yahoo.co.uk](mailto:jacquiemolloy@yahoo.co.uk)

The Activity Weekend is organised by Friends of Plas Dol-y-Moch, a registered charity, under the auspices of Plas Dol-y-Moch Outdoor Education Centre whose premises and staff will provide all services during the weekend.