## Plas Dol y Moch Outdoor **Education Centre**

Help us secure Plas Dol y Moch's future for the next generation and help young people achieve their potential and develop skills for life.



## Over 100,000

young people from Coventry have attended a residential course at the centre since it opened in 1966!

of Coventry schools took children to the centre in 2014/15



1,600 1,516 girls boys

roughly an even split of pupils by gender

89% 75%

of schools said they'd commit to using the centre for the next one or more years



A total of 12,775 bed nights were offered an increase of 9% year on year

3,606 people were hosted by Plas Dol y Moch in 2014/15

## What pupils said...

94%

said they learned how to work in a team

93%

said they did things they thought they couldn't do!

93%

also said they learnt how to listen to other people

96%

said they learnt how to look after each other

## What teachers said...

80% said that attending a course made an outstanding contribution to pupils' self-esteem, confidence, social skills and personal challenges.





# Plas Dol y Moch

## 50th Anniversary Appeal 2016

# We need your help... we've a mountain to climb to raise £250,000.

This year, Plas Dol y Moch our outdoor education centre, celebrates 50 years of providing high quality residential outdoor education courses to Coventry's schools, pupils and communities.

Our courses are great fun and successfully combine adventure with learning.

Since the centre opened in 1966, over 100,000 young people have been on courses which are designed to promote personal and social development and effective team-working, help young people to manage risk, become successful learners, confident individuals and responsible citizens.

For more information about the 50th Anniversary Appeal please visit: www.friendsofplasdolymoch.co.uk. See the latest news at facebook.com/DolyMoch

### Our challenge

The number of young people in our city is rising, and we want all young people to have the opportunity to come on courses at the centre. So, we need your help to increase the number of places we can provide. To do this, we need to make the centre bigger, this will cost £750,000.

The good news is that we've secured £500,000, but we need to raise the balance of £250,000.

## How can you help us?

#### Make a donation

We are working with 'The Friends of Plas Dol Y Moch', a registered charity, to raise the money we need.

You can make a donation at www.friendsofplasdolymoch.co.uk.



#### Take part in the Route to Rio project

'Route to Rio' is our community-based project which encourages everyone to sponsor young people in Coventry to walk, run, cycle, swim or climb a total of 5,777 miles - this is the distance from Coventry to Rio de Janiero. Coventry, a London 2012 host city, supported the Olympics and we are handing this role over to the people of Rio de Janiero.

Could you organise an event to help cover the distance and raise £5,777 by walking, running, biking or swimming?

Or, are you an individual or a business that could make a pledge to your local school with match funding or involve your employees?

Maybe you could form a group with other schools to raise £5,777 by working together?

Please contact Wendy Jackson at Coventry Sports Foundation, email: wajackson@covsf.com
Twitter:@RouteToRio5777







